

# RTW PACKING LIST

FOR MEN - ONE YEAR IN WARM(ISH) WEATHER

## CLOTHING, ETC.

### TOPS

- Tank top (1)
- Short-sleeved shirt (2)
- Long-sleeved shirt (1)
- Long-sleeved polo (1)

### BOTTOMS

- Casual shorts (1)
- Casual pants (1)
- Hiking pants (1)
- Workout/swim shorts (3)

### OUTERWEAR

- Vest/Fleece Jacket (1)
- Rain jacket (1)

### SHOES

- Walking shoes (1)
- Sandals (1)

### ACCESSORIES

- Buff (scarf/headband/sweatband)
- Watch
- Sunglasses
- Packable day pack

### UNDERWEAR

- Boxers/briefs (4-5 pairs)
- Socks (4-5 pairs)

## TOILETRIES, ETC.

### LIQUIDS

- Shampoo, conditioner & body wash
- Toothpaste & mouthwash
- Moisturizer with SPF
- Hand sanitizer

### OTHER

- Hairbrush/comb
- Toothbrush & floss
- Deodorant/anti-perspirant
- Razor/beard trimmer
- Band-aids, basic medicine
- Nail clippers & tweezers
- Laundry bags, sink stopper & laundry soap

## MISCELLANEOUS

### TECHNOLOGY & ENTERTAINMENT

- Smartphone
- Kindle
- Laptop or tablet
- Camera/video camera (if your phone will not suffice)
- Noise-canceling headphones
- Outlet adapter/power converter
- Puzzle or activity book
- Journal & pens
- Deck of cards and/or small game

### OTHER

- Head lamp
- Reusable water bottle & spork
- Water filter (dependent on location)
- Combination lock (for hostel lockers, etc.)
- Safety items as you determine necessary (door stopper, PacSafe, money belt, etc.)
- Workout gear (TRX, bands, etc.)