

# RTW PACKING LIST

FOR WOMEN - ONE YEAR IN WARM(ISH) WEATHER

## CLOTHING, ETC.

### TOPS

- Tank top (1)
- Short-sleeved shirt (1)
- Long-sleeved shirt (1)

### BOTTOMS

- Casual shorts (1)
- Casual pants (1)
- Running shorts (1)
- Running leggings (1)
- Dresses/skirts (2)
- Maxi dress or skirt (1)

### SWIM/OUTERWEAR

- Vest (1)
- Rain jacket (1)
- Swimsuit (1)

### SHOES

- Walking shoes (1)
- Sandals (1)

### ACCESSORIES

- Headbands & hair ties
- Watch & jewelry
- Sunglasses
- Scarf/wrap
- Day bag or purse

### INTIMATES

- Underwear (4-5)
- Bras (2, including one sports bra)
- Socks (4-5 pairs)
- Nightgown/pajamas
- Robe (if staying in shared accommodations)

## TOILETRIES, ETC.

### LIQUIDS

- Shampoo, conditioner & body wash
- Toothpaste & mouthwash
- Moisturizer with SPF
- Hand sanitizer

### OTHER

- Hairbrush/comb
- Toothbrush & floss
- Deodorant/anti-perspirant
- Feminine hygiene products
- Razors
- Band-aids, basic medicine
- Nail clippers, file & tweezers
- Laundry bags, sink stopper & laundry soap

## MISCELLANEOUS

### TECHNOLOGY

- Smartphone
- Kindle
- Laptop or tablet
- Camera/video camera (if your phone will not suffice)

### ENTERTAINMENT

- Puzzle or activity book
- Journal & pens
- Deck of cards and/or small game

### OTHER

- Head lamp
- Reusable water bottle & spork
- Water filter (dependent on location)
- Combination lock (for hostel lockers, etc.)
- Safety items as you determine necessary (door stopper, PacSafe, money belt, etc.)